

WORKSHEET I – FIRST TERM 2010

GRADE: XI

SUBJECT: HOME SCIENCE

ONE MARK QUESTIONS:

1. In what ways, early maturing boys are advantageous to the society? (1)
2. What do you understand by “Propositional Thinking”? (1)
3. Differentiate between Physical and Mental Traits. (1)
4. Why do people are forced to make wrong career choices? (1)
5. What are Nutrients? (1)
6. List four dietary sources of Vitamin B1. (1)
7. How will you detect thyroid enlargement? (1)
8. What is a Community Resource? (1)
9. Define Implementation . (1)
10. Which property of Cotton makes it suitable as summer wear? (1)

TWO MARKS QUESTIONS:

11. List the beneficial characteristics of Blended Fabrics. (2)
12. What are the characteristics of successful plan? (2)
13. Highlight the functions of Calcium in the body. (2)
14. Distinguish between Marasmus and Kwashiorkor (any 4 pts) (2)
15. Give a brief account of the scope of Home Science study. (2)
16. Concrete Operational Stage is the foundation stage for the future Learning skills in children. Justify. (2)
17. Teachers play an important role in reducing stress and storm among Adolescents. Explain. (2)
18. What are the primary reasons for individual difference among people of same age? (2)
19. Explain the terms Longevity and Mortality. (2)

20. How are Proteins classified? (2)
21. Expand PEM. List its causes. (2)
22. Which are the symptoms that helps us to identify that the child is suffering from Rickets? (2)

THREE MARKS QUESTIONS:

23. Enlist any six functions of Vitamin C. (3)
24. Explain the functional Classification of Food. (3)
25. Give an account of various factors influencing career choices. (3)
26. Why is "Decision Making" a important step in Management? (3)

FOUR MARKS QUESTIONS:

27. Compare and Contrast the Physical and Chemical Properties of Cotton and Polyester. (4)
28. What are the behavioural changes that happens in an Adolescents as the result of Cognition. (4)
29. Explain the four types of classification of Fats with examples. (4)
30. Define Heredity. What are the various heredity disorders ? (4)