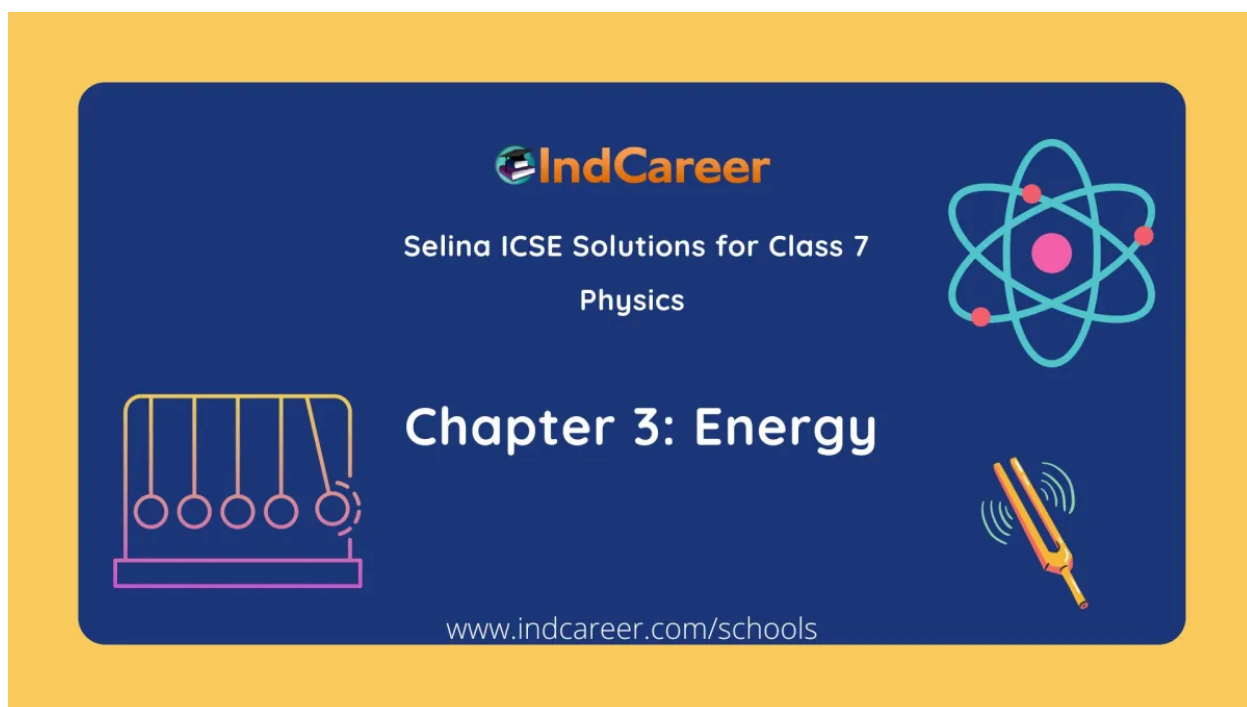


Selina Class 7 ICSE Solutions Physics : Chapter 3- Energy



For any clarifications or questions you can write to **info@indcareer.com**

Postal Address

IndCareer.com, 52, Shilpa Nagar, Somalwada Nagpur - 440015
Maharashtra, India

WhatsApp: +91 9561 204 888, **Website:** <https://www.indcareer.com>Class 8: Biology
Chapter 6 solutions. Complete Class 8 Biology Chapter 6 Notes.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>



Selina Class 7 ICSE Solutions Physics :

Chapter 3- Energy

Class 7: Physics Chapter 3 solutions. Complete Class 7 Physics Chapter 3 Notes.

Selina Class 7 ICSE Solutions Physics : Chapter 3- Energy

Selina 7th Physics Chapter 3, Class 7 Physics Chapter 3 solutions

A. Objective Questions

1. Write true or false for each statement

(a) A man going up has potential energy and kinetic energy both.

Answer. True.

(b) A gum bottle lying on a table has no energy.

Answer. False.

Correct — A gum bottle lying on a table has energy.

(c) In an electric fan, electrical energy changes into the mechanical energy.

Answer. True.

(d) Potential energy changes into kinetic energy when it is put to use.

Answer. True.

(e) One form of energy cannot be converted into another form.

Answer. False.

Correct — One form of energy can be converted into the other form.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

(f) There is always some loss of energy in conversion from one form of energy to another form, so the total energy is not conserved.

Answer. False.

Correct — There is always some loss of energy in conversion from one form of energy to the other form, so the total energy is conserved.

(g) The energy of flowing water can be converted into electric energy (electricity).

Answer. True.

2. Fill in the blanks

(a) An electric fan converts electrical energy into **mechanical** energy.

(b) Cooking gas converts **chemical** energy into heat energy.

(c) Energy possessed by a compressed spring is **potential** energy.

(d) The ability to do work is called **energy**

(e) The energy possessed by a body due to its position is called **potential** energy.

(f) The energy possessed by a body due to its motion is called **kinetic** energy.

(g) Green plants convert **light** energy into chemical energy.

(h) The S.I. unit of energy is **joule**

(i) An object falling freely from the roof of a multistory building has **potential energy** and **kinetic** energy when halfway down the building.

3. Match the following columns

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

Column A**(a) Running water****(b) Burning****(c) Energy****(d) Sound energy****(e) Nuclear energy****Column B****(i) heat energy****(ii) vibrations****(iii) atom bomb****(iv) kinetic energy****(v) joule****Ans.****Column A****(a) Running water****(b) Burning****(c) Energy****(d) Sound energy****(e) Nuclear energy****Column B****(iv) kinetic energy****(i) heat energy****(v) joule****(ii) vibrations****(iii) atom bomb****4. Select the correct alternatives****(a) When we rub our hands**

1. kinetic energy changes into potential energy
2. **mechanical energy changes into heat energy**
3. potential energy changes into kinetic energy
4. heat energy changes into mechanical energy.

(b) A ball rolling on the ground possesses

1. **kinetic energy**
2. potential energy
3. no energy
4. heat energy

(c) The energy stored in an electric cell is

1. **chemical energy**

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

2. electrical energy
3. heat energy
4. mechanical energy.

(d) When a bulb lights up on passing current, the change of energy is

1. from electrical energy to heat energy
2. from electrical energy to light energy
3. **from electrical energy to heat and light energy**
4. from electrical energy to mechanical energy.

(e) The correct statement is

1. **Both work and energy have the same units**
2. Potential energy of a body is due to its motion
3. Kinetic energy of a body is due to its position or state
4. Kinetic energy can change into potential energy, but potential energy cannot change into kinetic energy.

(f) According to law of conservation of energy, energy changes from one form to another form, but the total energy of that system

1. increases
2. decreases
3. alternates
4. **remains the same**

B. Short/Long Answer Questions

Question 1.

Define the term energy.

Answer:

Energy is the capacity of doing work.

Question 2.

State the unit of energy and define it.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

Answer:

The energy is measured in the same unit as work. Therefore the S.I. unit of energy is joule (symbol J).

A body is said to possess an energy of one joule if a force of 1 newton moves the body by a distance of 1 metre in the direction of force.

Another unit of energy is calorie (symbol cal) where $1 \text{ cal} = 4.2 \text{ J}$. A bigger unit is kilo-calorie (symbol kcal) where $1 \text{ kcal} = 1000 \text{ cal}$.

Question 3.

Name five different forms of energy.

Answer:

The different forms of energy are :

- (i) Mechanical energy
- (ii) Heat energy
- (iii) Light energy
- (iv) Chemical energy
- (v) Sound energy
- (vi) Magnetic energy
- (vii) Electrical energy and
- (viii) Atomic energy or nuclear energy.

Question 4.

What are the two kinds of mechanical energy.

Answer:

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

The mechanical energy is found in two forms namely :

(a) The potential energy, and (b) The kinetic energy.

Question 5.

What is potential energy ? State its unit.

Answer:

The energy of a body at rest is called the potential energy. It is defined as follows :

Potential energy of a body is the energy possessed by it due to its state of rest or position. Actually, it is the work spent in bringing the body to that state of rest or position.

It is written as P.E. or U.

The S.I. unit of potential energy is Joules.

Question 6.

Give one example of a body that has potential energy, in each of the following : (i) due to its position, (ii) due to its state.

Answer:

(i) Potential energy of a body is the energy possessed by it due to its state of rest or position. It is the energy stored when work is done on the body to bring it to that state or position.

(ii) Potential energy of a body in the raised (or lifted) position depends on two factors : (1) the mass of the body greater the mass of the body, greater is the potential energy of the body), and (2) the height of the body above the ground (greater the height of the body, greater is its potential energy.)

Question 7.

State two factors on which the potential energy of a body at a certain height above the ground depends.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

Answer:

The potential energy of a body in the raised position depends upon the following two factors :

- (a) The mass of the body: Greater the mass of the body, greater is the potential energy of the body.
- (b) Its height above the ground : Higher the height of the body, greater is its potential.

Question 8.

Two bodies A and B of masses 10 kg and 20 kg respectively are at the same height above the ground. Which of the two has the greater potential energy ?

Answer:

The body B having mass 20 kg has the greater potential energy. This can be explained as follows :

$$\text{P.E.} = mgh .$$

For both the bodies gravity and height are same so the body with greater mass possesses greater potential energy.

Question 9.

A bucket full of water .is on the first floor of your house and another identical bucket with same quantity of water is kept on the second floor. Which of the two has greater potential energy ?

Answer:

A bucket full of water kept on second floor has the greater potential energy. This can be explained as follows :

$$\text{P.E.} = mgh$$

Mass of both bucket and the gravitational force are same, so the body at greater height will possess more potential energy.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

Question 10.

Define the term kinetic energy. Give one example of a body which possesses kinetic energy.

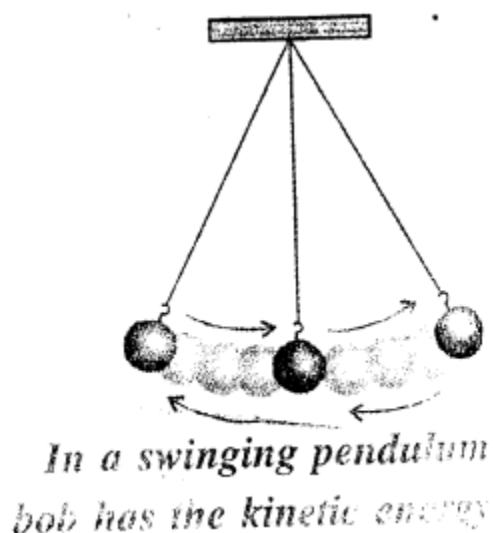
Answer:

The energy of a body in motion is called its kinetic energy. It is defined as follows :

Kinetic energy of a body is the energy possessed by it due to its state of motion.

Actually, it is the work done on the body bringing it to the state of motion. In short form it is written as K.E. or K.

Example : In a swinging pendulum moving to and fro, the bob has the kinetic energy.

**Question 11.**

State two factors on which the kinetic energy of a moving body depends.

Answer:

The kinetic energy of a moving body depends on the following two factors :

(a) The mass of the body — Greater the mass of the body, higher is its kinetic energy.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

(b) The speed of the body – More the speed of the body, higher is its kinetic energy.

Question 12.

Two toy-cars A and B of masses 500 g and 200 g respectively are moving with the same speed. Which of the two has the greater kinetic energy?

Answer:

The toy car 'A' of mass '500 gm' has the greater kinetic energy. This can be explained as :

$$\text{K.E.} = \frac{1}{2} Mv^2$$

Here, both the cars are moving with same speed. So the car with greater mass will possess greater kinetic energy.

Question 13.

A cyclist doubles his speed. How will his kinetic energy change: increase, decrease or remain same ?

Answer:

When a cyclist doubles his speed. His kinetic energy increases four times.

$$\text{K.E.} = \frac{1}{2} Mv^2$$

When v = doubles the K.E. quadruples

Question 14.

Name the form of energy which a wound up watch spring possess.

Answer:

A wound up watch spring has the potential energy because of its wound up state. As the spring unwinds itself, the potential energy changes into the kinetic energy. This kinetic energy does work in moving the arms of the watch

Question 15.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

Can a body possess energy even when it is not in motion ? Explain your answer with an example.

Answer:

Yes, a body possesses energy even when it is not in motion ;

Consider a body raised to a certain height say h . Its velocity is zero. Kinetic energy will be zero but the body will have.

$$\text{P.E.} = mgh$$

Thus, a body may possess energy even though it is not in motion.

Question 16.

Name the type of energy (kinetic or potential) possessed by the following :

- (i) A moving cricket ball.
- (ii) A stone at rest on the top of a building.
- (iii) A compressed spring.
- (iv) A moving bus.
- (v) A bullet fired from a gun.
- (vi) Water flowing in a river.
- (vii) A stretched rubber band.

Answer:

- (i) Kinetic energy.
- (ii) Potential energy.
- (iii) Potential energy.
- (iv) Kinetic energy.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

(v) Kinetic energy.

(vi) Potential energy.

(vii) Potential energy.

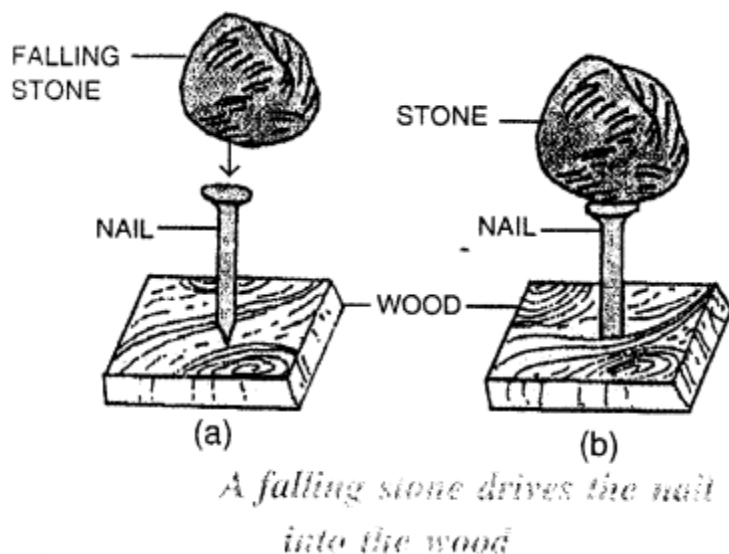
Question 17.

Give one example to show the conversion of potential energy to kinetic energy when put in use.

Answer:

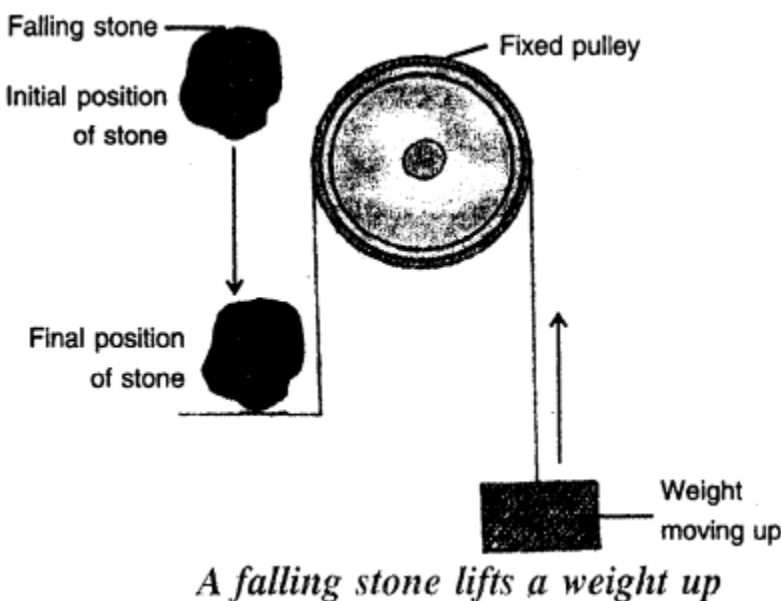
The example to show the conversion of potential energy to kinetic energy when put in use is :

A stone at a height has the potential energy due to its lifted or raised position. In the figure below when the stone is dropped from that position, it begins to fall. The falling stone has the kinetic energy. Thus, the potential energy stored in the stone in its raised position changes into the kinetic energy when the stone is falling. This kinetic energy does work on the nail as the stone strikes the nail and makes the nail to move into the wood.



<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

Similarly, in the figure below the potential energy possessed by the stone at a height changes into its kinetic energy when it falls, The kinetic energy of the falling stone does work in raising the weight upwards.



Question 18.

State the energy changes that occur in the following :

- (i) The unwinding of a watch spring.
- (ii) Burning coal while operating a steam engine.
- (iii) Lighting of a torch bulb.
- (iv) An electric generator (or dynamo).

Answer:

- (i) Potential energy to kinetic energy.
- (ii) Chemical energy of coal changes to heat energy of the steam. Heat energy changes into mechanical energy.
- (iii) Chemical energy into light and heat energy.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

(iv) Electrical energy change into mechanical energy.

Question 19.

Energy can exist in several forms and may change from one form to another. Give two examples to show the conversion of energy from one form to another.

Answer:

The examples that show the conversion of energy from one form to another are :

(1) In a steam engine, the chemical energy of the coal first changes into the heat energy of the steam. Then heat jenergy of steam changes into the mechanical energy which makes the train to move.

(2) In an electric motor (or in fan), the electrical energy changes into the mechanical energy. This energy rotates the axle of motor (or the blades of the fan).

Question 20.

Give one relevant example for each of the following transformation of energy :

(i) Electrical energy to heat energy.

(ii) Electrical energy to mechanical energy.

(iii) Electrical energy to light energy.

(iv) Chemical energy to heat energy.

(v) Chemical energy to light energy.

Answer:

(i) In an electric heater, oven, geyser, toaster etc., the electrical energy changes into heat energy.

(ii) An electric generator.

(iii) Tube eight of bulbs.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

(iv) Burning of wood, coal etc.

(v) Fire crackers burst

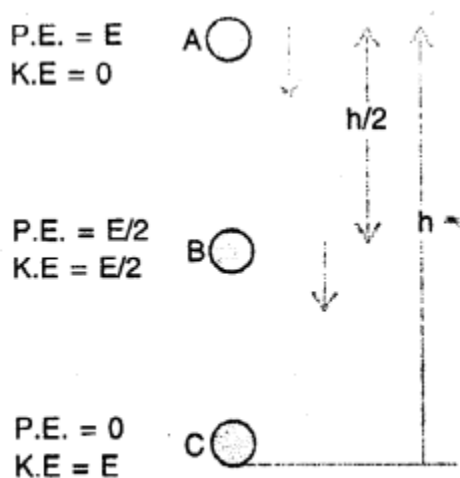
Question 21.

What do you mean by conservation of mechanical energy? State the condition when does it hold.

Answer:

This means “The total MECHANICAL ENERGY (P.E + K.E) of an isolated system at any instant is equal to the sum of kinetic ENERGY and the potential ENERGY.”

Condition : Condition under which the mechanical energy is conserved is “WHEN THERE ARE NO FRICTIONAL FORCES.” In other words the mechanical energy is conserved strictly in vacuum where friction due to air is absent.



Conservation of energy in a falling ball

Question 22.

Give one example to show that the sum of potential energy and kinetic energy remains constant if friction is ignored.

Answer:

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

During the vertical fall of ball, if friction due to air is neglected, the total sum of potential energy and kinetic energy at each point of its path remains same.

Question 23.

A ball is made to fall freely from a height. State the kind/ kinds of energy possessed by the ball when it is

- (a) at the highest point
- (b) just in the middle
- (c) at the ground.

Answer:

- (a) Potential energy.
- (b) Potential energy + Kinetic energy.
- (c) Kinetic energy.

Question 24.

State the changes in form of energy while producing hydro electricity.

Answer:

The water in motion in a river or sea has the kinetic energy. The energy possessed by the flowing water is called the hydro energy. The most important use of hydro energy is to produce electricity from it.

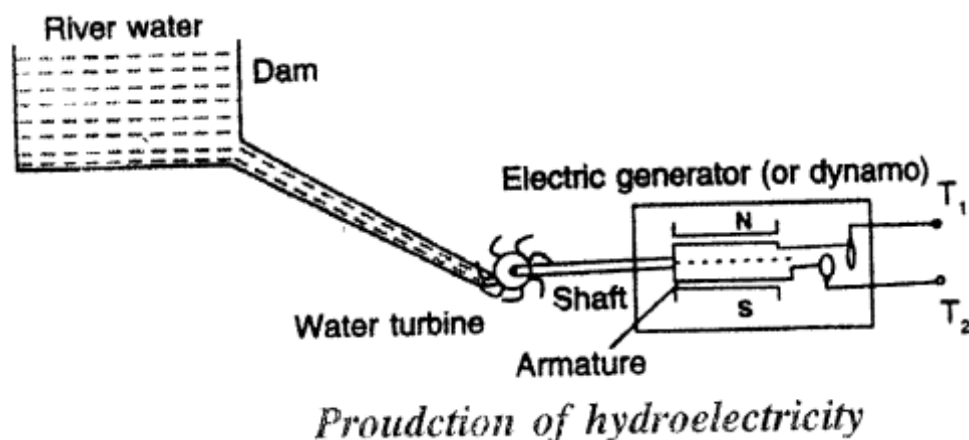


Figure shows the principle of a hydroelectric power plant. The flowing water of river is collected in a dam at a high altitude. The water stored in the dam has the potential energy. When water from dam falls on the water turbine, the potential energy of the water stored in dam changes into its kinetic energy and this kinetic energy of water is transferred to the blades of turbine as the kinetic energy which rotates the turbine. As the turbine rotates, it rotates the armature of the generator (or dynamo) to produce electricity.



Selina Publishers ICSE Solutions

Class 7 Physics

- Chapter 1- Physical Quantities and Measurement
- Chapter 2- Motion
- Chapter 3- Energy
- Chapter 4- Light Energy
- Chapter 5- Heat
- Chapter 6- Sound
- Chapter 7- Electricity and Magnetism

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

About About Selina Publishers ICSE

Selina Publishers has been serving the students since 1976 and is one of the quality ICSE school textbooks publication houses. Mathematics and Science books for classes 6-10 form the core of our business, apart from certain English and Hindi literature as well as a few primary books. All these books are based upon the syllabus published by the Council for the I.C.S.E. Examinations, New Delhi. The textbooks are composed by a panel of subject experts and vetted by teachers practising in ICSE schools all over the country. Continuous efforts are made in complying with the standards and ensuring lucidity and clarity in content, which makes them stand tall in the industry.

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>

About IndCareer

IndCareer.com is a leading developer of online career guidance resources for the Indian marketplace. Established in 2007, IndCareer.com is currently used by over thousands of institutions across India, including schools, employment agencies, libraries, colleges and universities.

IndCareer.com is designed to assist you in making the right career decision - a decision that meets your unique interests and personality.

For any clarifications or questions you can write to **info@indcareer.com**

Postal Address

IndCareer.com
52, Shilpa Nagar,
Somalwada
Nagpur - 440015
Maharashtra, India

WhatsApp: +91 9561 204 888

Website: <https://www.indcareer.com>

<https://www.indcareer.com/schools/selina-class-7-icse-solutions-physics-chapter-3-energy/>