Paper Code : 8304

**M P ED Sem – IV**
**MAR/JUN – 2021**
**404 : NET/GSET**

**કુલ સમય : ૬૦ મીનીટ** **કુલ પ્રશ્નો : ૫૦** **વિદ્યાર્થીએ ટીક કરવાના પ્રશ્નો : ૩૫**
**નોંધ : વિદ્યાર્થીએ માત્ર ૩૫ પ્રશ્નો જ ટીક કરવાના રહેશે. જો વધારે ટીક કરેલ હશે તો પ્રથમ ૩૫ પ્રશ્નો જ ગણતરીમાં લેવામાં આવશે.**

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1. The field of sports engineering:
   a. To prepare sports infrastructure. b. To prepare civil infrastructure.
   c. To prepare mechanical infrastructure. d. None of them.
2. In which country did not you first accept sports engineering to a main subject?
   a. America b. India c. Australia d. None of them
3. Who does the alloys when a stadium?
   a. Engineering b. Architecture c. Cocha d. Teacher
4. What are the types of Asanas?
   a. 1 b. 2 c. 3 d. 4
5. How many steps of Ashtanga yoga?
   a. 7 b. 8 c. 9 d. 7
6. Pranayam literally means....
   a. Praname Rekarpar b. Dimension of Prana c. a & b both d. None of them
7. The needs for yoga is been in the present age?
   a. Sports world b. World peace c. The social sphere d. All of them
8. What are Puratra, reachls and kumbhals potions
   a. Sanskrit world b. Yoga world c. Experimental word d. The word indiation and direction of action
9. Alms of youga wag to get...
   a. Bhagvan b. Ishaver c. Alha d. Mokshi
10. Kapalbhati is an ....
    a. Asana b. Kriya c. Pranagama d. None of them
11. Reason for sprain is...
    a. Sudden jerk on joint b. Muscle pull c. Fracture d. Dislocation
12. 'Radius' and ulna bones datawedis...
    a. Leg b. Hand c. Back D. Shoulder
13. Sociomertrics is realted is
    a. Searching the talent in sports b. Training the athlate c. Finding the sociality d. Study of human mind
14. The age in the years, month and days is knows is
    a. Anatomical b. Dronological Age c. Psychologica Age d. None of these
15. The Degree of relationship between the variables is known as:
    a. Correlation b. Coordination c. Both of the above c. None of them
16. F ratio is used to compare
    a. Data b. More than two means c. Population d. Two means
17. Ica treatment is advisable immediately after a sprain
    a. True b. False c. a & b both d. None of them
18. Massge is useful in rehabitation.
    a. True b. False c. a & b both d. None of them
19. Television helps in popularising the sports
    a. True b. False c. Partially true d. Particially false
20. ' Sprain' is an injury to :
    a. Muscle b. Bone c. Ligaments d. Skin
21. 'Rehabitation' of sports injuries in done using
    a. Casistthenics b. Corrective excercises c. Treatment of wound d. None of these
22. Actimatiztion is the:
    a. Physiological adaptation to environment b. Constant to high attitude
    c. Exposure to thigh attitude d. All of these
23. The 't' test is used for
    a. Comparing five means b. Comparing two means c. Comparing three means d. More than five means
24. Philosophy deals with social traditions?
    a. True b. False c. Both d. None of them
25. Which is the most reliable mesurement in deviation
    a. Standard deviation b. Average diviation c. Mode d. Mean

26. What is called if some digits repeated frequently in non descriptive information?
    a. Mode  b. Mean  c. Median  d. Standard deviation
27. Which is the central point of distribution?
    a. Mode  b. Mean  c. Median  d. Standard deviation
28. Which sign used for mean?
    a. x  b. M  c. z  d. $\bar{x}$
29. Which variable is infrequently?
    a. Body weight  b. Time  c. Number of goalin football
30. Kurtosis means...
    a. Size of curve  b. Length of curve  c. Height of curve  d. None of them
31. Which is method to find co-ordication by rank method?
    a. Carl Swiper  b. Carl spearmen  c. carl Swiper  d. None of them
32. How many euqal parts happnes in series of declies?
    a. 4  b. 10  c. 100  d. 5
33. Which of the following is the formula for deviation?
    a. Q3-Q1/2  b. Q3+Q1/2  c. Q3-Q1/4  d. Q3+Q1/4
34. The contractile element of muscle are..
    a.Sarcolema  b. Myfibrils  c.Epimysium  d. None of them
35. Anabolic steriods directly affect to:
    a. Heart  b. Muscle  c. Lungs  d. Brain
36. Which of the following is a norcotie?
    a. Coain  b. Marjjuana  c. P.C.P.  d. Morphine
37. What shoud be initial duration of Sauna both?
    a. 6 to 8 M  b. 5 to 10 M  c. 15 to 30 M  d. 1 to 2 h
38. The formula for computing z - score is
    a. X-M /SD  b. M-X / SD  c. X + M / SD  d. None of them
39. Useful for markeing the sports...
    a. TV  b. Newspaper  c. a & b both  d. None of them
40. Useful to promote sports prowess...
    a.Control  b. Financial assistance  c. a & b both  d. None of them
41. To estblish sports activity on the word slage comen.
    a. Markeing  b. Mangement  c. a & b both  d. None of them
42. If there are 150 students in a seconadary school, how much hand is required?
    a. 5 Aere  b. 4 Aere  c. 3 Aere  d. 1 Aere
43. if the height of the driving borad in the swimming pool is five meters what is the height of khokho?
    a. 4.50 M  b. 4.30 M  c. 3.50M  d. 5.00 M
44. Which of the following deseases can be eliminted athrough yoga?
    a. anxiety  b. Stress  c. a & b both  d. None of them
45. _____ the stanf od pranayama bhamra comes
    a. Bhaskika  b. Bhramri  c. Shilali  d. Shilakari
46. Kumbhook literally means...
    a. tale alr  b. Realse air  c. inhabition of the air  d. All of them
47. Narendra Modi stadium is located in the city
    a. Ahmedabad  b. Barod  c. Surat  d. All of them
48. What is the name of the largest cricket stadium in the world?
    a. Gandhiji  b. Vijay Rupani  c. Narendra Modi  d. All of them
49. Explain the action associated with pranayama
    a. Purals  b. Rechals  c. Kubhals  d. All of them
50. Explain the meaning of use
    a. Vigraha  b. Sandhi  c. Samas  d. Alankara

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