Paper Code – 3778

B. P. ED. Semester-I
July-Septermber-2021
રમત ચિકિત્સાશાસ્ત્ર

કુલ સમય :– : ૬૦ મીનીટ **કુલ પ્રશ્નો :** ૫૦ **વિદ્યાર્થીએ ટીક કરવાના પ્રશ્નો :** ૩૫

નોંધ : વિદ્યાર્થીએ માત્ર ૩૫ પ્રશ્નો જ ટીક કરવાના રહેશે. જો વધારે ટીક કરેલ હશે તો પ્રથમ ૩૫ પ્રશ્નો જ ગણતરીમાં લેવામાં આવશે.

1 When was established association of International Sport Medicine?
A. 1928 **B.** 1938 **C.** 1918 **D.** 1908

2 When and where did the first educational Course of sport medicine begain
A. 1970 Athens **B.** 1960 Itali **C.** 1965 Greece **D.** 1955 China

3 When did India become a member of implination sports medicine association?
A. 1980 **B.** 1975 **C.** 1972 **D.** 1970

4 When and were was the international conference on sports medicine held in India
A. 1980 Malesiya **B.** 1986 Singapore **C.** 1976 India **D.** 1982 Bangladesh

5 Where the 1972 national convention was held by the Indian Association of sports medicine
A. Haidrabad **B.** Calcutta **C.** Ludhiyana **D.** Patiyala

6 Who was the representive of Gujarat in the 1972 session of Indian Association of sports medicine?
A. Dr. RavindraDatt **B.** Dr. P.R.Tripathi **C.** Dr. Alok Ghosh **D.** None of above

7 Who was the first president of Gujarat State sports medicine association?
A. Dr. Jambheker **B.** Dr. Bipin Desai **C.** Dr. Pravin Kanabar **D.** All of above

8 Who was the first secretary of Gujarat State sports medicine association?
A. Dr. Pravin Kanabar **B.** Dr. Bipin Desai **C.** Dr. Dholakiya **D.** None of above

9 What are the main types of lesions
A. 2 **B.** 3 **C.** 4 **D.** 5

10 In which type lesions the skill is grood and irregularly shaped
A. being cut off **B.** Itching of skin **C.** skin rash **D.** All of above

11 The following is an injury of the delicate tissues
A. blood clots **B.** fracture **C.** joint injury **D.** All of above

12 Which of the following is know as a green stick fracture
A. complicated fracture **B.** pathological fracture **C.** impacted fracture **D.** None of above

13 In which fracture the internal organs of the body are damaged
A. complicated fracture **B.** simple fracture **C.** comminuted fracture **D.** impacted fracture

14 Which part of the body does the March fracture from the exercise occur?
A. in hand **B.** in skull **C.** in hill of the foot **D.** in sholder

15 In which fractures the bones break and come to gatherer
A. pathological fracture **B.** empacted fracture **C.** march fracture **D.** All of above

16 What types of fracture is more common in small children
A. pathological fracture **B.** simple fracture **C.** complicated fracture **D.** None of above

17 What are the main types of fracture?
A. 2 **B.** 3 **C.** 4 **D.** 5

18 In which muscle cramps are the most likely activity
A. short running **B.** medium running **C.** long running **D.** None of above

19 What type of the bone parts does not show lesions above or below the bone
A. compound fracture **B.** simple fracture **C.** complicated fracture **D.** comminuted fracture

20 How many main components of the diet
A. 2 **B.** 3 **C.** 5 **D.** 6

21 Who creats and repairs new cell in the body
A. fat **B.** vitimins **C.** protin **D.** calcium

22 How many calories do you get from one gram protin
A. 3.1 kcal **B.** 4.1 kcal **C.** 1.4 kcal **D.** 1.3 kcal

23 What is the main source of hit and energy in the body
A. protin **B.** vitimins **C.** carbohydred **D.** None of above

24 How many calories do you get from one gram fat
A. 9.4 kcal **B.** 4.9 kcal **C.** 8.4 kcal **D.** 4.8 kcal
25 What percentage of our body is made of minarels
A. 10% **B.** 5% **C.** 4% **D.** 7%
26 Which disease is caused by vitamin "A" deficiency
A. night blindness **B.** cold **C.** scurvey **D.** berrayberray
27 Which disease is caused by vitamin "B" deficiency
A. rickets **B.** night blindness **C.** fever **D.** berrayberray
28 Scurvey is caused by a deficiance of which vitamin
A. vitamin A **B.** vitamin B **C.** vitamin C **D.** vitamin D
29 Which disease is caused by vitamin "D" deficiency
A. scurvey **B.** corona **C.** rickets **D.** malariya
30 Where do you get a the most vitamin "A" from
A. carrots **B.** milk **C.** orange **D.** All of above
31 Where do you get a the most protin from
A. soyabeans **B.** cereals **C.** sea food **D.** None of above
32 Where do you get a the most vitamin "C" from
A. milk **B.** vegetable **C.** shour fruits **D.** cereals
33 What vitamins do you get from sunlight
A. vitamin A **B.** vitamin B **C.** vitamin C **D.** vitamin D
34 What causes of vitamin "A" deficiency
A. blood clots **B.** infertility **C.** typhoid **D.** jaundice
35 Vitamins produce energy in the body
A. TRUE **B.** FALSE **C.** a & b both **D.** None of above
36 Which medicine does the athlets use to gain weight
A. anabolics **B.** analetics **C.** tranquilizer **D.** All of above
37 Which drugs to athlets use to cool the mind
A. anabolics **B.** analetics **C.** tranquilizer **D.** All of above
38 Which of the following angles stimulates the nuves
A. amphetemine **B.** leptazol **C.** methandinon **D.** strinine
39 What is the effect of psycho motor stimulunts
A. feeliess tired **B.** constricted blood vessels **C.** tension the muscles **D.** None of above
40 Which vitamines is responsibles for mainting body weight in proportion
A. b 2 **B.** b5 **C.** vitamin "C" **D.** vitamin "D"
41 In these which sports medicine are branch
A. physcial education **B.** sports **C.** a & b both **D.** None of above
42 Who has the knowledge of sports medicine
A. younger **B.** childres **C.** old age people **D.** All of above
43 There are medicial science that deals with sports
A. sports medicine **B.** sports sociology **C.** sports psychology **D.** None of above
44 The game describes modern concept of the sports medicine
A. arristotal **B.** shreeryan **C.** skinar **D.** C.A.Boocher
45 How to take tests to know the signs of fatique in the player
A. bio chemcial test **B.** dayanamic test **C.** skill test **D.** None of above
46 Where & when was the seventh international conference on sports medicine held
A. 1948 prayag **B.** 1952 paris **C.** 1950 Itali **D.** 1954 russia
47 Who studied sports medicine in Germany
A. Dr. Alok Ghosh **B.** Dr. Sunder Rajan **C.** Dr. R.L.Anand **D.** None of above
48 What causes injury to players in the game
A. lack of hit inductor **B.** lack of proctive equipment **C.** atmosphere **D.** All of above
49 In which parts of the body does tennis elbow injury occur
A. hand **B.** leg **C.** ribs **D.** knee
50 _____is a simple thrifty and safe methods
A. cold treatment **B.** massage **C.** physiotherapy **D.** None of above