

Osmania University Common Entrance Test

Notations :

- 1.Options shown in green color and with ✓ icon are correct.
- 2.Options shown in red color and with ✗ icon are incorrect.

Question Paper Name :	M P Ed 10th Dec 2020 Shift 2
Subject Name :	M.P.Ed.
Creation Date :	2020-12-10 16:12:45
Duration :	90
Number of Questions :	100
Total Marks :	100
Display Marks:	No
Calculator :	None
Magnifying Glass Required? :	No
Ruler Required? :	No
Eraser Required? :	No
Scratch Pad Required? :	No
Rough Sketch/Notepad Required? :	No
Protractor Required? :	No
Show Watermark on Console? :	Yes
Highlighter :	No
Auto Save on Console? :	Yes

M.P.Ed.

Group Number :	1
Group Id :	70660939
Group Maximum Duration :	0
Group Minimum Duration :	90

Show Attended Group? :	No
Edit Attended Group? :	No
Break time :	0
Group Marks :	100
Is this Group for Examiner? :	No

PART A

Section Id :	70660944
Section Number :	1
Section type :	Online
Mandatory or Optional :	Mandatory
Number of Questions :	100
Number of Questions to be attempted :	100
Section Marks :	100
Mark As Answered Required? :	Yes
Sub-Section Number :	1
Sub-Section Id :	70660972
Question Shuffling Allowed :	Yes

Question Number : 1 Question Id : 7066093826 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Class room based education provided by trained teachers is known as

Options :

70660915201. ✓ Formal

70660915202. ✗ Informal

70660915203. ✗ General

70660915204. ✖ Specific

Question Number : 2 Question Id : 7066093827 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The simple formula to find out maximum number of heart beats (MHR) per minute is

Options :

70660915205. ✖ 210-Age in completed years

70660915206. ✔ 220-Age in completed years

70660915207. ✖ 230-Age in completed years

70660915208. ✖ 240-Age in completed years

Question Number : 3 Question Id : 7066093828 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

A fake smash in volley ball is known as

Options :

70660915209. ✔ Dump

70660915210. ✖ sector

70660915211. ✖ Duck

70660915212. ✖ Jump

Question Number : 4 Question Id : 7066093829 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The semi circle area used for free throws in basket ball is known as

Options :

70660915213. ✖ Nelson

70660915214. ✖ Saddle

70660915215. ✖ Fencing

70660915216. ✔ Key

Question Number : 5 Question Id : 7066093830 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The Asana that stimulates the brain cells is

Options :

70660915217. ✔ Kapalabathi

70660915218. ✖ Dhouthi

70660915219. ✖ Nauli

70660915220. ✖ Nethi

Question Number : 6 Question Id : 7066093831 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

How many bones are there in human body

Options :

70660915221. ✔ 206

70660915222. ✖ 216

70660915223. ✖ 226

70660915224. ✖ 236

Question Number : 7 Question Id : 7066093832 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The first ancient Olympics were held during the year

Options :

70660915225. ✖ 676 B. C

70660915226. ✔ 776 B.C

70660915227. ✖ 876 B. C

70660915228. ✖ 976 B.C

Question Number : 8 Question Id : 7066093833 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

First man to make Physical education as a mean of national solidarity is

Options :

70660915229. ✖ Guts Muths

70660915230. ✖ Adolph Speiss

70660915231. ✔ Ludwig Jahn

70660915232. ✖ Spiess

Question Number : 9 Question Id : 7066093834 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Forecasting in some form or another is known as

Options :

70660915233. ✖ Staffing

70660915234. ✖ controlling

70660915235. ✖ Organizing

70660915236. ✔ Planning

Question Number : 10 Question Id : 7066093835 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The first generation computer started in the year

Options :

70660915237. ✖ 1935

70660915238. ✔ 1945

70660915239. ✖ 1955

70660915240. ✖ 1965

Question Number : 11 Question Id : 7066093836 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Which of the following test measures cardio respiratory function

Options :

70660915241. ✔ Harward step test

70660915242. ✖ JCR Test

70660915243. ✖ Oregon motor fitness test

70660915244. ✖ Cross Weber test

Question Number : 12 Question Id : 7066093837 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The strongest muscle of the body is

Options :

70660915245. ✖ Soleus

70660915246. ✖ Sternomustoid

70660915247. ✔ Rectus Femoris

70660915248. ✖ Biceps

Question Number : 13 Question Id : 7066093838 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Conducting research always in laborites is known as

Options :

70660915249. ✔ Basic Research

70660915250. ✖ Applied Research

70660915251. ✖ Field Research

70660915252. ✖ Action Research

**Question Number : 14 Question Id : 7066093839 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

What type of training helps in classifying the movement concept

Options :

70660915253. ✖ Sports training

70660915254. ✖ interval training

70660915255. ✖ Special preparation

70660915256. ✔ Ideomotor training

**Question Number : 15 Question Id : 7066093840 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

The graphical representation of progress in learning the graphic “ life history of a skill” is known as

Options :

70660915257. ✖ Maturation
70660915258. ✖ law of readiness
70660915259. ✖ Memory
70660915260. ✔ learning curve

Question Number : 16 Question Id : 7066093841 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Warm up period gradually increases

Options :

70660915261. ✖ Joint soreness
70660915262. ✔ heart rate and breathing
70660915263. ✖ Muscle soreness
70660915264. ✖ fatigue

Question Number : 17 Question Id : 7066093842 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Major symptoms for typhoid are

Options :

70660915265. ✓ rash and fever

70660915266. ✗ red eyes and sneezing

70660915267. ✗ Vomiting and sneezing

70660915268. ✗ red eyes and rash

Question Number : 18 Question Id : 7066093843 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

Correct Marks : 1 Wrong Marks : 0

“A sound mind in a sound Body” was quoted by

Options :

70660915269. ✗ Greeces

70660915270. ✗ Germans

70660915271. ✓ Romans

70660915272. ✗ Swedish

Question Number : 19 Question Id : 7066093844 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

Correct Marks : 1 Wrong Marks : 0

How many types of muscles are there in human body

Options :

70660915273. ✖ 6

70660915274. ✖ 5

70660915275. ✖ 4

70660915276. ✔ 3

**Question Number : 20 Question Id : 7066093845 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

As per yogic philosophy the layer suksma sharia is

Options :

70660915277. ✖ Casual body

70660915278. ✔ Subtle body

70660915279. ✖ Gross body

70660915280. ✖ intellect body

**Question Number : 21 Question Id : 7066093846 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

To pass few hours in a joyful company of fellow companions away from dust and din or routine life is

Options :

70660915281. ✓ Picnic

70660915282. ✗ tour

70660915283. ✗ Pilgrimage

70660915284. ✗ Therapeutic recreation

Question Number : 22 Question Id : 7066093847 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

A good physical education programme is an integral part of the

Options :

70660915285. ✗ people it serves

70660915286. ✗ daily life of peoples

70660915287. ✗ Maturity level of the people

70660915288. ✓ Community it serves

Question Number : 23 Question Id : 7066093848 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Directing begins with process of

Options :

70660915289. ✖ Communicating

70660915290. ✖ evaluating

70660915291. ✔ Delegation

70660915292. ✖ decision making

Question Number : 24 Question Id : 7066093849 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The cause for coronary heart disease is

Options :

70660915293. ✖ Hyper tension

70660915294. ✖ stroke

70660915295. ✔ Atherosclerosis

70660915296. ✖ Hypovolaemia

Question Number : 25 Question Id : 7066093850 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The computer programme that allows importing data from SPSSPC and other packages for use in developing figures and tables is

Options :

70660915297. ✖ Input devices

70660915298. ✖ Control unit

70660915299. ✔ Power point

70660915300. ✖ memory

Question Number : 26 Question Id : 7066093851 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Reflexes that are responsible for maintenance and restoration of equilibrium is

Options :

70660915301. ✖ Postural reflexes

70660915302. ✖ stretch reflex

70660915303. ✖ Reflex movement

70660915304. ✔ righting reflex

Question Number : 27 Question Id : 7066093852 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Any mechanical devices used for presenting a programme of instructional materials
is known as

Options :

70660915305. ✖ Prosthetic Devices

70660915306. ✔ teaching machine

70660915307. ✖ Orthotic devices

70660915308. ✖ Assistive technology device

Question Number : 28 Question Id : 7066093853 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The circumference of the circle for men discuss through is

Options :

70660915309. ✖ 2 meters

70660915310. ✓ 2.5 meters

70660915311. ✗ 3 meters

70660915312. ✗ 3. 5 meters

**Question Number : 29 Question Id : 7066093854 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

Inhalation and exhalation in nadi suddhi is done with

Options :

70660915313. ✗ Both the nostrils at a time

70660915314. ✗ only with left nostril

70660915315. ✗ Only with right nostril

70660915316. ✓ with alternative nostrils

**Question Number : 30 Question Id : 7066093855 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

Bones grow in length by multiplication of cells in the epiphysial plate of

Options :

70660915317. ✖ periosteum

70660915318. ✔ cartilage

70660915319. ✖ osteoblasts

70660915320. ✖ ossification

Question Number : 31 Question Id : 7066093856 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

Ankle and elbow joint human body is known as

Options :

70660915321. ✔ Hinge joint

70660915322. ✖ pivot joint

70660915323. ✖ Synovial joint

70660915324. ✖ eltipsoid joint

Question Number : 32 Question Id : 7066093857 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The person who referred Athens as “the eye of Greece” mother of arts and

Eloquence is

Options :

70660915325. ✘ Aristotle

70660915326. ✘ Plato

70660915327. ✔ Milton

70660915328. ✘ Galen

Question Number : 33 Question Id : 7066093858 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

Correct Marks : 1 Wrong Marks : 0

Water therapy is also known as

Options :

70660915329. ✘ Electro therapy

70660915330. ✔ hydro therapy

70660915331. ✘ Eyes therapy

70660915332. ✘ Wax therapy

Question Number : 34 Question Id : 7066093859 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

An athlete's stride length and stride frequency denotes

Options :

70660915333. ✓ Acceleration

70660915334. ✗ velocity

70660915335. ✗ Speed

70660915336. ✗ Centre of gravity

Question Number : 35 Question Id : 7066093860 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The most reliable measure of central tendency is

Options :

70660915337. ✗ Mean

70660915338. ✗ median

70660915339. ✗ Mode

70660915340. ✓ standard deviation

Question Number : 36 Question Id : 7066093861 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The result de hydration and salt loss accompanying high rates of sweating results to

Options :

70660915341. ✖ Heat exhaustion

70660915342. ✖ heat stoke

70660915343. ✔ Heat cramps

70660915344. ✖ none

Question Number : 37 Question Id : 7066093862 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Superficial strokes of massage are ideal for

Options :

70660915345. ✖ Pleasant sensations

70660915346. ✖ passive conditioning

70660915347. ✖ Toning up muscles

70660915348. ✔ injury treatment

Question Number : 38 Question Id : 7066093863 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The resistance power a person has against infectious diseases in general and against a particular infectious diseases is known as

Options :

70660915349. ✓ Immunity

70660915350. ✗ nutrition

70660915351. ✗ Social wellness

70660915352. ✗ life style

Question Number : 39 Question Id : 7066093864 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

In which one attempts to develop skills, grace a sense of rhythm and an improved reaction time is known as

Options :

70660915353. ✗ Emotional responsiveness

70660915354. ✓ Neuro muscles development

70660915355. ✖ Personal and Social attitudes

70660915356. ✖ interpretive and intellectual development

Question Number : 40 Question Id : 7066093865 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

In 1968 Cooper formulated a test to measure the basic endurance. What is its duration

Options :

70660915357. ✖ 8 minutes

70660915358. ✖ 10 minutes

70660915359. ✔ 12 minutes

70660915360. ✖ 14 minutes

Question Number : 41 Question Id : 7066093866 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

From the pronation of feet arises the

Options :

70660915361. ✔ Flat feet

70660915362. ✖ hunch back

70660915363. ✖ Knock knees

70660915364. ✖ Bowlegs

Question Number : 42 Question Id : 7066093867 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

In a circuit training when the intensity is higher and the volume is lower it is known as

Options :

70660915365. ✖ Continuous training

70660915366. ✔ interval training

70660915367. ✖ Repetition training

70660915368. ✖ specific training

Question Number : 43 Question Id : 7066093868 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

In which year libero was introduced in volley ball

Options :

70660915369. ✓ 1998

70660915370. ✗ 1997

70660915371. ✗ 1996

70660915372. ✗ 1995

**Question Number : 44 Question Id : 7066093869 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

The process of preparation for some task or work is known as

Options :

70660915373. ✓ Training

70660915374. ✗ planning

70660915375. ✗ Motor learning

70660915376. ✗ tactical action

**Question Number : 45 Question Id : 7066093870 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

A very tiny infectious agent that will replicate or reproduce itself in living organism only and thereby causing disease to the host organism is

Options :

70660915377. ✘ Bacteria

70660915378. ✘ parasite

70660915379. ✘ vicious cycle

70660915380. ✔ virus

Question Number : 46 Question Id : 7066093871 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The statistical package available for the social sciences for personal computers is

Options :

70660915381. ✘ SPSSPC

70660915382. ✘ ENIAC

70660915383. ✘ CPU

70660915384. ✔ SPSS

Question Number : 47 Question Id : 7066093872 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The massage with light pinch gliding along the skin surface without breaking contact
is known as

Options :

70660915385. ✓ Rolling

70660915386. ✗ stroking

70660915387. ✗ pinching

70660915388. ✗ friction

Question Number : 48 Question Id : 7066093873 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The score that appears most frequently when scores are ungrouped is known as

Options :

70660915389. ✗ Mean

70660915390. ✗ median

70660915391. ✓ mode

70660915392. ✖ standard deviation

Question Number : 49 Question Id : 7066093874 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

For equilibrium to exist the centre of gravity of the body must fall

Options :

70660915393. ✖ Outside its base

70660915394. ✔ within its base

70660915395. ✖ Side of its base

70660915396. ✖ above its base

Question Number : 50 Question Id : 7066093875 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

Pectorallis major muscles are situated at

Options :

70660915397. ✖ Elbow

70660915398. ✔ Chest

70660915399. ✖ Knee

70660915400. ✘ Hip

Question Number : 51 Question Id : 7066093876 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Test- Retest method is used for deterring

Options :

70660915401. ✘ Norms

70660915402. ✘ Objectivity

70660915403. ✘ Validity

70660915404. ✔ Reliability

Question Number : 52 Question Id : 7066093877 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

JCR test generally measures

Options :

70660915405. ✘ Athletic ability

70660915406. ✔ muscular strength

70660915407. ✖ Physical fitness

70660915408. ✖ motor ability

**Question Number : 53 Question Id : 7066093878 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

The rate at which a body changes its velocity is called

Options :

70660915409. ✖ Speed

70660915410. ✖ motion

70660915411. ✔ Acceleration

70660915412. ✖ viscosity

**Question Number : 54 Question Id : 7066093879 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

The smaller representation of a larger whole is

Options :

70660915413. ✖ Tool

70660915414. ✖ Design

70660915415. ✖ data

70660915416. ✔ Sample

Question Number : 55 Question Id : 7066093880 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The systematic formulation of the training process in a training cycle is known as

Options :

70660915417. ✖ Planning

70660915418. ✖ circuit training

70660915419. ✔ Periodisation

70660915420. ✖ Sports trainee

Question Number : 56 Question Id : 7066093881 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

. Development resulting in change in behavior due to heredity factor rather than to

learning is known as

Options :

70660915421. ✔ Maturation

70660915422. ✖ growth

70660915423. ✖ Brain potential

70660915424. ✖ behaviorism

Question Number : 57 Question Id : 7066093882 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

Learning done by oneself without a teacher or instructor is known as

Options :

70660915425. ✖ Gamification

70660915426. ✖ design thinking

70660915427. ✖ Social media

70660915428. ✔ self learning

Question Number : 58 Question Id : 7066093883 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

From the following who has quoted that man without amusement there is no joy with

amusement there is no sadness

Options :

70660915429. ✖ Aristotle

70660915430. ✔ Pascal

70660915431. ✖ Harold J

70660915432. ✖ Montaigne

**Question Number : 59 Question Id : 7066093884 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

A short trip with usually for a special purpose and with the intension of a prompt
return is known as

Options :

70660915433. ✖ Carnival

70660915434. ✖ heath tour

70660915435. ✔ Excursion

70660915436. ✖ camping

Question Number : 60 Question Id : 7066093885 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

Correct Marks : 1 Wrong Marks : 0

In halasana the final position of the posture looks like

Options :

70660915437. ✘ Wheel posture

70660915438. ✘ fish posture

70660915439. ✔ Plough posture

70660915440. ✘ bow posture

Question Number : 61 Question Id : 7066093886 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

Correct Marks : 1 Wrong Marks : 0

The cartilage that is found in some articulation of bones where tendons are attached to bones is called

Options :

70660915441. ✘ Hyaline cartilage

70660915442. ✔ fibro cartilage

70660915443. ✘ Elastic cartilage

70660915444. ✘ bony tissue

Question Number : 62 Question Id : 7066093887 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Joint with no observable movements are known as

Options :

70660915445. ✓ sutured joint

70660915446. ✗ ball and socket joint

70660915447. ✗ Hinge joint

70660915448. ✗ Pivot joint

Question Number : 63 Question Id : 7066093888 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Physical Education in sparta aimed at developing

Options :

70660915449. ✗ team spirit

70660915450. ✗ Discipline

70660915451. ✗ Courage

70660915452. ✓ Strong Physique and a fighting spirit

**Question Number : 64 Question Id : 7066093889 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

In which year the game basket ball was invented by Dr. James Naismith

Options :

70660915453. ✗ 1591

70660915454. ✗ 1691

70660915455. ✗ 1791

70660915456. ✓ 1891

**Question Number : 65 Question Id : 7066093890 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

School games federation of India was founded in the year

Options :

70660915457. ✗ 1950

70660915458. ✓ 1954

70660915459. ✗ 1958

70660915460. ✖ 1960

Question Number : 66 Question Id : 7066093891 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Deficiency of vitamin K causes

Options :

70660915461. ✖ Retarded growth & skin diseases

70660915462. ✖ scurvy

70660915463. ✔ Excessive bleeding from wounds

70660915464. ✖ Night blindness

Question Number : 67 Question Id : 7066093892 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Tournament that has the combination of pyramids and ladders is known

Options :

70660915465. ✖ Crown tournament

70660915466. ✔ funnel tournament

70660915467. ✖ Round a clock tournament

70660915468. ✖ perpetual tournament

**Question Number : 68 Question Id : 7066093893 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

Typhoid is a disease of

Options :

70660915469. ✖ Lungs

70660915470. ✖ brain

70660915471. ✔ Digestive system

70660915472. ✖ Kidney

**Question Number : 69 Question Id : 7066093894 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

In Human cell deoxyribonucleic acid is found only in

Options :

70660915473. ✖ Cyctoplasam

70660915474. ✖ inter cellular substance

70660915475. ✔ Nucleus

70660915476. ✖ protein

Question Number : 70 Question Id : 7066093895 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Play that serves to facilitate the mastery of skills necessary to the functions of adult behaviors is known as

Options :

70660915477. ✖ Relaxation theory

70660915478. ✖ Surplus theory

70660915479. ✔ Growth theory

70660915480. ✖ pre exercise theory

Question Number : 71 Question Id : 7066093896 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Where teacher talks and students are passive listeners is known as

Options :

70660915481. ✔ Lecture method

70660915482. ✖ role plays

70660915483. ✖ Demonstration lesson

70660915484. ✖ Discussion method

**Question Number : 72 Question Id : 7066093897 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

Cryotherapy is also known as

Options :

70660915485. ✔ Ice therapy

70660915486. ✖ hydro therapy

70660915487. ✖ Electro therapy

70660915488. ✖ magnetic therapy

**Question Number : 73 Question Id : 7066093898 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

The rejection or acceptance of null hypothesis is based upon

Options :

70660915489. ✖ Difference between means

70660915490. ✖) F. Ratio

70660915491. ✖ t. Critical value

70660915492. ✔ level of significance

Question Number : 74 Question Id : 7066093899 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The word effleurage is related with

Options :

70660915493. ✖ Weight training

70660915494. ✖ sprint training

70660915495. ✔ Massage

70660915496. ✖ muscle imbalance

Question Number : 75 Question Id : 7066093900 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

Physical activity done in a group is highly enjoyable because it strengthens the

instinct of

Options :

70660915497. ✓ Gregariousness

70660915498. ✗ Morality

70660915499. ✗ Thought Fullness

70660915500. ✗ Efficient Living

**Question Number : 76 Question Id : 7066093901 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

Newton's first law of motion is called

Options :

70660915501. ✗ Law of acceleration

70660915502. ✗ Law of Inertia

70660915503. ✗ Law of action

70660915504. ✓ Law of Inertia

**Question Number : 77 Question Id : 7066093902 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

Soccer skill is measured by

Options :

70660915505. ✓ Macdonald test

70660915506. ✗ Sports knowledge test

70660915507. ✗ Miller wall volley test

70660915508. ✗ Dipers test

Question Number : 78 Question Id : 7066093903 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Keeping the feet under the buttocks and resting the back on the floor in the final
position of the posture is known as

Options :

70660915509. ✗ paschimottanasana

70660915510. ✗ Ustrasana

70660915511. ✗ Vajrasana

70660915512. ✓ sputa vajrasana

Question Number : 79 Question Id : 7066093904 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Regular and heavy muscle work tends to thicken and toughen the

Options :

70660915513. ✖ Circulation of blood

70660915514. ✔ sarcolemma

70660915515. ✖ Muscle endurance

70660915516. ✖ action potential

Question Number : 80 Question Id : 7066093905 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

For the first time medical examination for the school children was done during the
year

Options :

70660915517. ✖ 1906

70660915518. ✖ 1907

70660915519. ✖ 1908

70660915520. ✓ 1909

Question Number : 81 Question Id : 7066093906 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

Means by which the knowledge and skill are transferred from a source of light to the recipients is known as

Options :

70660915521. ✗ Learning

70660915522. ✓ method

70660915523. ✗ Material

70660915524. ✗ behavior

Question Number : 82 Question Id : 7066093907 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The shape of the gastrocnemius muscle is

Options :

70660915525. ✓ Fan shaped

70660915526. ✗ spindle shaped

70660915527. ✖ Rhomboid

70660915528. ✖ triangle

Question Number : 83 Question Id : 7066093908 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The process of taking on adult form and becoming fully functional is known as

Options :

70660915529. ✖ Growth

70660915530. ✔ maturation

70660915531. ✖ Development

70660915532. ✖ skeletal maturity

Question Number : 84 Question Id : 7066093909 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The semi mythological period of Greek history is known as

Options :

70660915533. ✔ Heroic age

70660915534. ✖ Neolithic period

70660915535. ✘ Paleolithic period

70660915536. ✘ platanistas

Question Number : 85 Question Id : 7066093910 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Lateral deviation of the spine from the vertical position of the body is known as

Options :

70660915537. ✘ Kyphosis

70660915538. ✘ lordosis

70660915539. ✔ scoliosis

70660915540. ✘ huch back

Question Number : 86 Question Id : 7066093911 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Human vertebral column has

Options :

70660915541. ✘ 30 vertebrae

70660915542. ✘ 28 vertebrae

70660915543. ✓ 26 vertebrae

70660915544. ✗ 24vertebrae

Question Number : 87 Question Id : 7066093912 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The statistical measure is generally applied for the determination of sampling error is

Options :

70660915545. ✗ Correlation

70660915546. ✗ Chi square

70660915547. ✗ Mean

70660915548. ✓ standard deviation

Question Number : 88 Question Id : 7066093913 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

For men the weight of the cricket ball measures

Options :

70660915549. ✗ Not less than 5 Ounces and not more than $5\frac{1}{2}$ Ounces

Not less than $5\frac{1}{2}$ Ounces and not more than $5\frac{3}{4}$ Ounces

70660915550. ✓

Not less than $5\frac{1}{2}$ Ounces and not more than 6 Ounces

70660915551. ✗

Not less than $5\frac{3}{4}$ Ounces and not more than 6 Ounces

70660915552. ✗

**Question Number : 89 Question Id : 7066093914 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

In a standard track for lane number 4 the stagger distance is given at a distance of

Options :

70660915553. ✗ 22.28 meters

70660915554. ✓ 22.38 meters

70660915555. ✗ 22.48 meters

70660915556. ✗ 22.58 meters

**Question Number : 90 Question Id : 7066093915 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0**

. In a tournament if a team is beaten twice before elimination in the competition it is known as

Options :

70660915557. ✖ Wild elimination tournament

70660915558. ✖ Round robin tournament

70660915559. ✔ Double elimination tournament

70660915560. ✖ league tournament

Question Number : 91 Question Id : 7066093916 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

To which country baron pierre de Coubertin the father of modern Olympic games belong

Options :

70660915561. ✔ France

70660915562. ✖ Greece

70660915563. ✖ Germany

70660915564. ✖ Denmark

Question Number : 92 Question Id : 7066093917 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Lesson plan which the physical education teacher renders at school must be
significant in terms of

Options :

70660915565. ✖ Continuity, acquisition and mobility

70660915566. ✖ Objectives, novelty and complexity

70660915567. ✔ Objectives, content and effects

70660915568. ✖ Acquisition, novelty and Objectives

Question Number : 93 Question Id : 7066093918 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

The muscle that works in the flexion of elbow joint is

Options :

70660915569. ✖ pronator teres

70660915570. ✖ triceps

70660915571. ✔ brachialis

70660915572. ✖ subscapularis

Question Number : 94 Question Id : 7066093919 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

The development objective that deals with the accumulation of a body of knowledge is

Options :

70660915573. ✔ Cognitive Development objective

70660915574. ✖ Physical Development objective

70660915575. ✖ Social emotional effective development objective

70660915576. ✖ Neuromuscular development objective

Question Number : 95 Question Id : 7066093920 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0

In human body the numbers of cartilaginous tissues are

Options :

70660915577. ✖ 6

70660915578. ✖ 5

70660915579. ✖ 4

70660915580. ✔ 3

Question Number : 96 Question Id : 7066093921 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

In basket ball when both hands are kept on hips it indicate

Options :

70660915581. ✖ Intentional foul

70660915582. ✖ illegal use of hands

70660915583. ✔ Foul by team in control of the ball

70660915584. ✖ pushing

Question Number : 97 Question Id : 7066093922 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

Correct Marks : 1 Wrong Marks : 0

The most common complication caused by measles to lungs is

Options :

70660915585. ✘ Diphtheria

70660915586. ✘ influenza

70660915587. ✘ Recurrent fever

70660915588. ✔ pneumonia

Question Number : 98 Question Id : 7066093923 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

Correct Marks : 1 Wrong Marks : 0

Severe diarrhoea along with severe vomiting is the symptom for

Options :

70660915589. ✘ Diphtheria

70660915590. ✔ cholera

70660915591. ✘ filariasis

70660915592. ✘ influenza

Question Number : 99 Question Id : 7066093924 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Malaria parasite develops in the body of the

Options :

70660915593. ✖ Housefly

70660915594. ✖ rats

70660915595. ✖ Cockroaches

70660915596. ✔ anopheles mosquito

Question Number : 100 Question Id : 7066093925 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0

Rome Olympics were held during the year

Options :

70660915597. ✖ 1956

70660915598. ✔ 1960

70660915599. ✖ 1964

70660915600. ✖ 1968