

FIRST TERM : WORKSHEET 2013-14

CLASS : II

SUBJECT: E. V S.

I. Fill in the blanks :

1. _____ clothes keep us warm in winter.
2. _____ clothes keep us cool in summer.
3. We get wool from _____.
4. Policemen and school children wear a special dress called a _____.
5. _____ is an example of a man-made fiber.
6. Grains, pulses, milk and eggs are _____ foods.
7. Rice, potatoes, butter and sugar are _____ foods.
8. We should drink at least _____ glasses of water every day.
9. Foods that give us good health are called _____ Foods.
10. Eating too much food is called _____.
11. _____ need air to prepare food.
12. Air has _____.
13. All _____ need air to live.
14. Air occupies _____.
15. _____ houses are mostly found in villages.
16. _____ houses are made up of bricks, cement and iron.
17. An _____ is a house made up of snow and ice.

18. A _____ is a boat with rooms in it.
19. Cut your _____ once a week.
20. _____ your teeth twice a day.
21. Take a _____ every day.
22. Clean your _____ with a clean handkerchief.
23. Do _____ daily.
24. Always drink clean _____.
25. Wash your _____ before and after meals.
26. Comb your _____ properly.
27. Wash the _____ and _____ before eating.
28. The way some one holds his or her body is called _____.
29. Our _____ should not be bent forward when we sit.
30. A _____ refreshes our body and mind.
31. We must eat _____ meals every day.
32. Our food must include green _____ and fruits.

II. A

II A

Tick (✓) the right action and cross out (X) the wrong ones.



II. B Write True or False :

1. I clothes keep us warm : _____
2. We wear cotton clothes in winter : _____
3. Cotton clothes keep us cool : _____
4. Rayon is a natural fiber : _____
5. We should wear clean clothes : _____
6. Wool is a man made fiber : _____
7. Cotton clothes are warm in summer : _____
8. All clothes are made of fibers : _____
9. Silk cloth is made from thread produced
by silkworms : _____
10. Woollen clothes keep us cool : _____
11. Wash hands before and after meals : _____
12. Drink milk every day. : _____
13. There are two main kinds of food : _____
14. Drink at least 6 to 8 glasses of water every day : _____
15. We watch T. V. while eating : _____
16. Chew food properly : _____
17. We should have good food habits to stay healthy : _____
18. People who eat meat and eggs of animals are
called vegetarians : _____

19. People who do not eat meat and eggs are called Non-vegetarians : _____
20. We get food from plants and animals : _____
21. We should eat our food at fixed time : _____
22. A diver carries oxygen cylinder on his back : _____
23. Fish takes air in the water with the help of their nose : _____
24. Polluted air is good for health : _____
25. Air contains water : _____
26. Air is present everywhere : _____
27. Plants also need air to prepare their food : _____
28. When we fill air in a balloon, it becomes small : _____
29. Polluted air can make us healthy : _____
30. An astronaut needs air in space : _____
31. Our back should be straight when we sit : _____
32. Sleep refreshes our body and brain : _____
33. Posture is the state of being well and free from illness : _____
34. Exercise keeps us active, the whole day : _____
35. We should not take proper care of our teeth : _____
36. We should keep our personal belongings neat and tidy : _____
37. Houses can be single or multi storied : _____
38. A pucca house is made up of leaves and straw : _____

39. Kutcha houses are mostly seen in big cities : _____
40. An igloo is found in desert areas : _____
41. House boats are mainly found in Kashmir : _____
42. A pucca house is made up of bricks, cement & iron: _____

III Tick (✓) : the correct options

1. A house gives us

- a. air
- b. food
- c. protection
- d. sleep

2. A _____ is a house made on wheels.

- a. igloo
- b. caravan
- c. houseboat
- d. tent

3. Multistoried houses are called

- a. kutcha houses
- b. caravans
- c. igloos
- d. flats

4. A tent is made from a thick cloth called

- a. cotton
- b. silk
- c. nylon
- d. canvas

5. A houseboat can be seen in

- a. Delhi
- b. Kashmir
- c. Agra
- d. Assam

IV a. Un jumble the words with the help of the given clues :

1. ohuesbtao _____

Clue : I am a house on a boat.

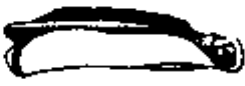






2. acaravn _____

Clue : I am a house on wheels.

3. giolo _____

Clue : I am a house made of ice.





b) Un jumble the names of different food items. Write the names in the blanks :

	asod	_____
	kilm	
	wohcniem	_____
	dill	
_____	bgruer	_____
_____	kohlad	

V A. Match the following :

- | | | |
|---------------------|---|-----------------|
| 1. Cotton or wool | : | Sheep |
| 2. We get wool from | : | natural fibers |
| 3. Raincoat | : | man made fibers |
| 4. Nylon and rayon | : | rainy season |
| 5. Cotton clothes | : | winter season |
| 6. Woollen clothes | : | soft and shiny |
| 7. Silk | : | summer season |

B. Match the following :

<u>Nurse</u>		
		
<u>Police man</u>		
		
<u>Student</u>		
<u>Astronaut</u>		

C. Match the following :

- | | | |
|----------------------------------|---|-------------------------|
| 1. Vegetables and fruits | : | Body building foods |
| 2. Grains, pulses, milk and eggs | : | Energy giving foods |
| 3. Rice, potatoes, butter | : | Protective foods |
| 4. Burger, chips | : | 6 to 8 glasses of water |
| 5. Non vegetarians | : | Junk foods |
| 6. Drink at least | : | Eat fish eggs meat |






D. Match the following :

- | | | |
|----------------------|---|------------------|
| 1. Moving air | : | need air to live |
| 2. all living things | : | win |
| 3. air has | : | space |
| 4. air occupies | : | weight |
| 5. air contains | : | good for health |
| 6. fresh air | : | water |

E. Match the following :

- | | | | |
|----|---------------------|---|-----------------------|
| 1. | keep your books | : | tooth decay |
| 2. | Most common disease | : | covered |
| 3. | Sleep refreshes | : | keeps you active |
| 4. | Exercise | : | our body and mind |
| 5. | A caravan | : | rooms in it |
| 6. | an igloo | : | house on wheels |
| 7. | House boats | : | ice and snow |
| 8. | Kutch house | : | cement, steel, bricks |
| 9. | Pucca house | : | mud, leaves, sticks |

Match the following.

- | | | | |
|----|---|--------------------|--|
| 1. |  | a. sneezing | |
| 2. |  | b. brushing | |
| 3. |  | c. combing | |
| 4. |  | d. bathing | |
| 5. |  | e. oiling the hair | |
-

VII Under line the correct word

1. Policemen / tailors wear uniform.
2. Moving air is called rain / wind.
3. Noodles / rice is junk food.
4. We can see / feel air when it moves.
5. An astronaut / diver goes to space.
6. Plants help to make the air pure / polluted.
7. Igloo is made of canvas / snow and ice.
8. Campers use tents / houseboats.

VIII Name the following :

1. Name two natural fibers :

2. Name two man-made fibers :

3. Name three food groups

4. Name three vegetables you like to eat raw

5. Name the materials used for making a pucca house

IX Answer the following questions :

1. Why do we wear clothes ?

2. Why do we wear when it rains ?

3. Why do we need food ?

4. Where do we get our food from ?

5. What are the foods that vegetarians do not eat ?

6. Give two reasons why we must drink water.

7. What is air ?

8. How do fish breath ?

9. How does air become polluted ?

10. Write two ways to keep ourselves fit and healthy.

11. Why do we need a house to live in ?

12. What is special about a caravan ?

13. Why do campers like to use tents ?

X Definition :

Define health

Define posture

XI A. Draw and colour an umbrella.

B. Draw and colour a tent.